

ISP St. Louis

The **Ignatian Spirituality Project (ISP)** invites people recovering from homelessness and addiction to encounter God's love, hope and healing through spiritual companionship that transforms lives. Our decades of experience align with what social science research continues to find: recovering a sense of self-worth, purpose, and belonging is an essential—and often overlooked—element of the journey of recovery. It's the foundation that helps other supports—like jobs and housing—last.

2009-2026 by the numbers

- 450+ retreat participants
- 4000+ spiritual reflection participants
- 35 current volunteers

...and growing



History

ISP St. Louis began in 2009 thanks to a small group of dedicated volunteers and supporters. Today, we have active men's and women's teams and strong relationships with St. Patrick Center and the Sisters of St. Joseph of Carondelet.

About us

ISP St. Louis currently hosts four overnight retreats and four follow-up retreats per year, as well as weekly and monthly spiritual reflection circles at multiple social service agencies. Additionally, several team members and alumni actively participate in ISP's national facilitator formation retreat. The Sisters of Saint Joseph, the School Sisters of Notre Dame, and the Handmaids of the Sacred Heart of Jesus are all strong supporters of ISP's work.

Community Partners

ISP is grateful for the agencies, retreat centers, schools, and parishes that are a part of our work including:

- Peter & Paul Community Service
- St. Patrick Center
- Sisters of St. Joseph of Carondelet
- White House Retreat Center

...and many more!

Join the Movement

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