

who we are

Ignatian Spirituality Project (ISP) offers experiences of hope, healing, and belonging to individuals recovering from homelessness and addiction. Our spiritual programs create the reflective space for people to make real, transformative life changes.

the ISP difference

Volunteers facilitate ISP spiritual care and companionship programs with the support of regional staff. As a member of our ISP community, you'll join a growing movement of hope, healing, and recovery. ISP is first and foremost a relational ministry of accompaniment and companionship. It is who we are and what we do! Volunteers are invited to share their own sacred stories of struggle and joy while walking with people in recovery from addiction and homelessness.

volunteer opportunities

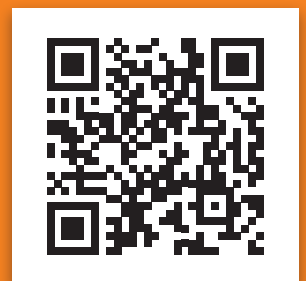
ISP has various types of service opportunities, ranging from pastoral to logistical. Opportunities include:

- Leading an hour-long spiritual reflection at an agency
- Facilitating an overnight or day retreat
- Driving participants to and from retreat centers
- Creating care packages
- Connecting to local agencies and faith communities
- Recruiting volunteers and participants
- Planning reflections
- Other support roles

ISP is an evolving ministry; we welcome the gifts and talents that volunteers bring and are interested in sharing!

become a volunteer!

- Fill out the online application on our website by scanning the QR Code or by visiting ispretreat.org/joinus.
- You will then be contacted by either the Regional Director (ISP staff) and/or the local coordinator (ISP volunteer) to have a brief conversation.
- If both parties determine a good fit, the volunteer will be invited to participate in a retreat, spiritual reflection or other ISP event for further discernment.



frequently asked questions

What is the time commitment?

The time commitment varies depending on how many spiritual reflections, retreats, and team formations/meetings are offered in each city as well as the availability of the volunteer. Some might participate in one or more overnight retreats a year while others volunteer weekly or monthly for a spiritual reflection. Participation depends on each person's availability and interest.



How often does the team meet and how many are on the team?

Team meetings vary based on the city, but most teams gather quarterly for optional formation opportunities (either online or in person) and team meetings to plan upcoming events/retreats. One of the benefits of ISP is getting to know others on the team. The number of team members varies but averages about 12-15 volunteers.

Do I have to come up with my own material?

No, but you are welcome to suggest other resources if you have them. ISP retreat materials are provided and used across the Network (with a few adjustments and some space for creative license). Materials for spiritual reflections are posted weekly via the ISP Journey app and can be adjusted to meet the needs of the group.

Is there a training or onboarding process?

Yes! We offer a training module that gives volunteers a basic background in 12 Step Recovery, Ignatian Spirituality and working with people who have experienced homelessness. In addition, volunteers have the opportunity to attend various formation sessions to further develop their facilitation skills.

Do I have to be Catholic or Christian? What if I'm not sure what I believe?

While ISP is rooted in Ignatian Spirituality, our volunteers and participants come from all backgrounds and traditions. Anyone with an open heart and a willingness to engage in spiritual conversations and practices with the God of their understanding is welcome.



Volunteers are critical to the mission of ISP.
join us and help us grow!